# Quest Food management

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Recipe Sizing Report

Nov 24, 2014

001984 - cookie carnival 1.5oz rf wg gf : nslp	Components	Attributes
HACCP Process: #2 Same Day Service	Meat/Alt:	
Number of Portions: 50	Grains: 1 oz	
Size of Portion: cookie	Fruit:	
OLEGOT FOLIOTIES	Vegetable:	
	Milk:	

Ingredients	Measures	Instructions
903397 cookie carnival 1.5oz rf wg gfs	50 cookie = 1g/b	

\*Nutrients are based upon 1 Portion Size (cookie)

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Calories	170 kcal	Cholesterol	10 mg	Sugars	*N/A* g	Calcium	0.00 mg	31.76% Calories from Total Fat
Total Fat	6.00 g	Sodium	125 mg	Protein	2.00 g	Iron	2.70 mg	7.94% Calories from Saturated Fat
Saturated Fat	1.50 g	Carbohydrates	28.00 q	Vitamin A	500.0 IU	Water <sup>1</sup>	*N/A* g	0.00% Calories from Trans Fat
Trans Fat²	0.00 g	Dietary Fiber	2.00 g	Vitamin C	0.0 mg	Ash <sup>1</sup>	*N/A* a	65.88% Calories from Carbohydrates
Halls Fat	0.00 g	Dietary Fiber	2.00 g	VICONTINI				4.71% Calories from Protein

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

<sup>-</sup> denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1 -</sup> denotes optional nutrient values

<sup>2 -</sup> Trans Fat value is provided for informational purposes only, not for monitoring purposes.



Otis Spunkmeyer, Inc., 14490 Catalina Street, San Leandro, CA 94577

Date last updated: 14 September 2009

# Value Zone® Frozen Cookie Dough

## Carnival

Item Code: 58108

Item Size: 1oz - 20 lbs. -

Case Pack: 320

Approx. 320/Case
Net Case Weight: 20lb



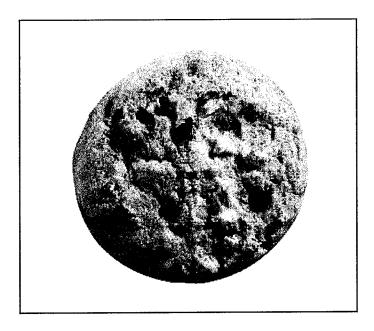
A mixture of chocolate chips and fun colorful coated candies for a cookie that's as good as it is fun.

Contains 0.5 bread servings.

Serving Size 1.0 oz. (28g) Servings Per Container			
Amount Per Serving			
Calories 120		Calories from	Fat 5
		% Dai	ly Valu
Total Fat 5g			89
Saturated Fat 2 5g			139
Trans Fat Og			
Cholesterol 5mg			29
Sodium 100mg	**********		4
Potassium 25mg			1
Total Carbohydrate 18g	14104-0	THE RESIDENCE OF THE PROPERTY	6
Dietary Fiber 0g			0
Sugara 11g			
Protein 1g			
Vitamin A 4%		Vitamin C 0%	
Calcium 0%	•	Iron 4%	
Thiamin 4%		Riboflavin 4%	
Niacin 2%		Folate 4%	
Phosphorus 2%	•	Magnesium 2%	
Zinc 0%			



Enriched Bleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Margarine (Palm Oil, Soybean Oil, Water, Salt, Mono- and Diglycerides, Natural Flavor, Vitamin A Palmitate, Beta Carotene), Candy (Semi-sw eet Chocolate [Sugar, Unsw eetened Chocolate, Cocoa Butter, Dextrose, Soy Lecithin, Vanillin], Sugar, Coloring [Includes Yellow 5 Lake, Yellow 6



#### Shelf Life

1 year (unopened) from the date of production when stored at or below 0° F (-18° C).

24 hours when baked and stored in our display or other container.

### **Baking Instructions**

Pre-heat oven to desired temperature.

Otis Commercial Oven: 280 F (138 C) for 15 - 18 min. Convection Oven: 300 F (149 C) for 10 - 12 min. Commercial Rack Oven: 325 F (163 C) for 10 - 12 min. Residential Oven: 325 - 350 F (163 - 177 C) for 16 - 18 min.

Actual baking time will depend on the dough temperature, number of cookies baked, oven air flow and oven temperature accuracy.

Place cookies on parchment paper.

Cookie placement on a standard institutional  $18 \times 26$ " baking sheet is as follows: Place up to 35 (5x7) cookies per sheet pan. Using an Otis Oven and  $9.75 \times 14.75$  inch parchment paper, place in a  $3 \times 4$  pattern on the baking sheet.

Cookie should cool for 20 to 30 minutes prior to removing from the parchment paper. Cookies are still baking while cooling on the pan.

**Properly baked cookies** should have a golden brown color, and should be firm on the outside and have a soft moist interior.

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Lake, Blue 1 Lake, Red 40 Lake], Confectioner's Glaze [Shellac, Carnauba Wax, Beeswax]), Semi-Sweet Chocolate Chips (Sugar, Unsweetened Chocolate, Cocoa Butter, Soy Lecithin, Vanilla), Eggs, Molasses, Baking Soda, Salt, Natural and Artificial Flavor.

Contains: Wheat, Eggs, Soybeans and Milk

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greasy, and have a soft pliable texture.

Overbaked cookies will appear medium brown to dark brown in color, and will have a firm to hard texture.

Underbaked cookies will appear pale, slightly grey in the center,

## **Defrosting / Handling Tips**

Do not thaw before use. Keep frozen in original packaging.